



California Association of Local Behavioral Health Boards and Commissions

WINTER 2018 Newsletter

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CALBHBC NEWSLETTER

CALBHBC: A STATEWIDE ORGANIZATION SUPPORTING THE WORK OF LOCAL MENTAL HEALTH & BEHAVIORAL HEALTH BOARDS AND COMMISSIONS.

“Action expresses priorities.”
Mahatma Gandhi

As we welcome the new year, we encourage boards and commissions to tap into CALBHB/C resources and support, and join with us as we educate ourselves on statewide issues and act! The top issues we are hearing from local boards include:

- 1) **Housing** - Focusing on the critical need for Board & Cares (Adult Residential Facilities-ARFs) for adults with mental illness. Issue Brief & forum: www.calbhbc.com. RSVP to: info@calbhbc.com to join us at the CA Behavioral Health Planning Council forum in Woodland 1/26.
- 2) **MH/BH Workforce**—There is a severe shortage of professionals throughout California. Issue & resource info: www.calbhbc.com/workforce.html
- 3) **Disaster Recovery (long-term)**—Local board members report increased suicides one to two years following disaster. Short-term information/resources are at www.calbhbc.com. Long-term solutions/ideas are welcome/will be posted.
- 4) **Employment & Peer Support** are the focus of the January 19th speaker panel in San Diego. Issue & Resource info: www.calbhbc.com/employment.html, including “Individual Placement & Support” (IPS) info. **IPS has been identified as a successful practice.**

We look forward to working together on these issues and more in 2018!



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Regional Meetings/Training

Southern*: January 19-20, San Diego
Bay Area*: April 20-21, Redwood City
Statewide*: June, 2018 TBA (L.A.)
Central: October 19-20, Folsom

**Training provided by CA Institute for Behavioral Health Solutions (CIBHS) Info: calbhbc.com/meetings-and-trainings.html*

Brown Act Update:

Teleconferenced Votes - All votes taken during a teleconferenced meeting shall be by roll call. AB428 July 2017

Agendas On-line - Board/commission and standing committee agendas shall be posted on the local agency’s internet web site. AB2257 July 2017



Annual Reports

Boards should submit an annual report to the governing body on the needs and performance of the county’s mental health system. 5604.2(a)5 Please email your annual reports to share! info@calbhbc.com View annual reports: www.calbhbc.com/reports.html .

Data Notebooks

The CA Behavioral Health Planning Council’s 2017 Data Notebook (focusing on MH/BH for Older Adults) was due November 30th. Contact the Planning Council with questions at: DataNotebook@cmhpc.ca.gov

Share your LOCAL resources, news & reports with CALBHBC. info@calbhbc.com

Resources (link to website)

Best Practices Handbook: Ad Hoc's, MHSAs/INN Review, Recruitment, Running a Good Meeting & More.

Brown Act (Open Meeting Rules)

Data Notebooks

Mental Health Services Act Plans/INN Reports (Local & Statewide)

Templates/Sample Docs

Agendas

Annual Goals (and Task List)

Annual Reports

Bylaws

Member Guide

Recruitment (Application, Flyer,

Interview, Policy, Resignation Letter)

Site/Program Visit

Forms/Procedures

Training (Online Ethics, Handbooks)

Websites for Local Boards/Commissions



Interim Executive Director

CALBHB/C is looking for an individual with a high degree of integrity and strong work ethic who understands the role of California's mental/behavioral health boards and commissions.

This interim position would begin as a contract position with potential for a long-term staff position. Position Posting at: www.calbhbc.com/executive-director-posting.html

CALBHB/C is currently an all-volunteer 501c3.

Connect with CALBHB/C

We strive to connect with board/commission leadership by phone, email & in-person! Please share needs/issues/successes at meetings, by email: info@calbhbc.com or report form: www.calbhbc.com/report-form.html. We look forward to meeting/speaking with you and attending your local meetings!

Contact Info Updates

Please provide current contact info for: Chairs, Vice Chairs & Admin Liaison. Email us at: info@calbhbc.com

CALBHB/C Governing Board Application

Interested in a position on our 15-member Governing Board? Complete the [on-line application](#), or email info@calbhbc.com

Duties of Boards & Commissions

From California Welfare & Institution Code [5604.2\(a\)](#)
The local mental health board shall do all of the following:

1. Review and evaluate the community's mental health needs, services, facilities, and special problems.
2. Review any county agreements entered into pursuant to [Section 5650](#).
3. Advise the governing body and the local mental health director as to any aspect of the local mental health program.
4. Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
5. Submit an [annual report](#) to the governing body on the needs and performance of the county's mental health system.
6. Review and make recommendations on applicants for the appointment of a local director of mental health services. The board shall be included in the selection process prior to the vote of the governing body.
7. Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Planning Council. ([Data Notebooks](#))
8. Nothing in this part shall be construed to limit the ability of the governing body to transfer additional duties or authority to a mental health board.

(b) It is the intent of the Legislature that, as part of its duties pursuant to subdivision (a), the board shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community.