



# California Association of Local Behavioral Health Boards and Commissions

FALL 2017 Newsletter

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CALBHBC NEWSLETTER

CALBHBC: A STATEWIDE ORGANIZATION SUPPORTING THE WORK OF LOCAL MENTAL HEALTH & BEHAVIORAL HEALTH BOARDS AND COMMISSIONS.

*Alone we can do so little; together we can do so much. — Helen Keller*

Thanks to the many board/commission members who have given their input, CALBHBC identified three key issues that we have prioritized for research and collaboration with other statewide entities:

- Board & Cares:** There is a critical need for adequately financed and staffed Board & Cares that meet the needs of adults (including seniors) with severe mental illness. [Issue Brief & forum info- Dec. 5 & Jan 24](#) [www.calbhbc.com](http://www.calbhbc.com).
- Employment Programs** for adults with mental illness, including:
  - Effective consumer & employer training provided by agencies working with the CA Department of Rehab.
  - Broadening access to training, certification and positions for **Peer Support Specialists**.
- Equal access to **mental health services for children and youth through schools** (County Office of Education collaboration with county/local Mental/Behavioral Health. *Responsibility shifted between these entities in 2011 due to [AB114](#).*)

Have an issue or a success? Share it with us at a regional meeting or [contact us!](#) As you listen locally, we listen to you statewide. Let's make a difference together!



Check our [website](#) & facebook for news, resources and more! ["Like"](#) us!

## Upcoming Meetings/Training Dates [Click to Register](#)

### Central Region

October 20-21, 2017, Sacramento

### Southern Region

January 19-20, 2018, San Diego

### Bay Area Region

April 20-21, 2018, Redwood City

### Los Angeles Region

June, 2018 (Date/Location TBA)

*MHB Training to be offered at all Saturday sessions along with a topic of interest.*

[Check our website for updates.](#)

## NEW: "Best Practices" Handbook for MH/BH Boards & Commissions

Training modules are now available on our [website](#), offered during Regional Trainings and to member boards. Topics include:

- Ad Hocs
- Annual Reports
- Data Notebooks
- MHSA 3-Year Plans, Updates, Innovations
- Recruitment
- Resolutions-Recommendations
- Running a Good Meeting
- Site-Program Visits

*"Best Practices" ideas and input are welcome! This is a work-in-progress.*

Share your LOCAL resources, news & reports with CALBHBC. [Contact us!](#)

## Resources ([link to website](#))

Brown Act (Open Meeting Rules) Summary Points & FAQ's

Data Notebooks

Reports (Local & Statewide)

Templates/Sample Docs

Acronymns

Agendas

Annual Goals (and Task List)

Annual Reports

Bylaws

Recruitment (Application, Flyer,

Interview, Policy, Resignation Letter)

Site/Program Visit

Forms/Procedures

Training (Online Links, Materials, Dates)

Websites for Local Boards/Commissions

## News & Issues ([link to website](#))

Board & Commission News

Children's Issues

Co-Occurring with Mental Illness

- Dementia
- Developmental Disabilities
- Substance Use Disorder
- Traumatic Brain Injury (TBI)

Cultural Issues

Employment

Homeless/Housing

Jails/Prisons

Laura's Law

Law Enforcement

Legislation

LGBTQ

Peer Supports

Seniors

Substance Use Disorder

Suicide

Youth Issues (ages 16-25)

Veterans

Whole Person Care



### Data Notebooks

The CA Mental Health Planning Council's 2017 Data Notebook (focusing on MH/BH for Older Adults) is due November 30th. We hope your MH/BH board/commission takes the lead in commenting on this data.

This is a good tool to better understand MH/BH issues and successful programs in your community and report them back to the Planning Council for a statewide compilation.

CALBHB/C has posted past Data Notebooks and compilations at: [www.calbhbc.com/data-notebooks.html](http://www.calbhbc.com/data-notebooks.html).

## Duties of Boards & Commissions

From California Welfare & Institution Code [5604.2\(a\)](#)  
The local mental health board shall do all of the following:

1. Review and evaluate the community's mental health needs, services, facilities, and special problems.
2. Review any county agreements entered into pursuant to [Section 5650](#).
3. Advise the governing body and the local mental health director as to any aspect of the local mental health program.
4. Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
5. Submit an [annual report](#) to the governing body on the needs and performance of the county's mental health system.
6. Review and make recommendations on applicants for the appointment of a local director of mental health services. The board shall be included in the selection process prior to the vote of the governing body.
7. Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Planning Council. ([Data Notebooks](#))
8. Nothing in this part shall be construed to limit the ability of the governing body to transfer additional duties or authority to a mental health board.

(b) It is the intent of the Legislature that, as part of its duties pursuant to subdivision (a), the board shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community.