



California Association of Local Behavioral Health Boards and Commissions

Fall 2018 Newsletter

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CALBHBC: A STATEWIDE ORGANIZATION SUPPORTING THE WORK OF LOCAL MENTAL HEALTH & BEHAVIORAL HEALTH BOARDS AND COMMISSIONS.



CALBHBC NEWSLETTER

“Housing Can Help You on Your Journey to Recovery”

National Alliance on Mental Illness (NAMI)

Housing is fundamental to wellness. As part of a robust supportive housing continuum, there is a critical need for adequately financed and staffed Adult Residential Facilities (ARFs) for adults with severe mental illness (also known as “Residential Care Facility,” “Enhanced Board and Care,” or “Assisted Living.”) To address this need, CALBHBC is providing information at our [October 19th Regional Meeting in Folsom](#) regarding:

A Robust Housing Continuum: Critical Needs, Successes and Challenges

A panel of local and statewide leaders will address:

- ARF Offerings—Comparing MH & Developmental Disability System & A Clients Rights Perspective
- ARF Offerings and Integrated Services for Adults with Severe Mental Illness
- New Legislation Impacting Supportive Housing for Adults with Mental Illness

It is in the best interest of adults with mental illness, and in the best financial interest of the State of California to increase access to appropriate community-based, long-term residential options that include the necessary supports to address mental illness and other co-occurring physical health conditions. An issue brief and more at: www.calbhbc.com.

Also on October 19th, MHSOAC staff will present their latest work regarding Demographic Mapping and Fiscal Outcomes Tools.



Contact Us: info@calbhbc.com

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MEETINGS / TRAINING*

Central: October 19/20, Folsom
Southern: January 18/19, San Diego
Capitol Day: April 10, Sacramento

Travel/hotel is provided for one board member/county in the region, but all are welcome! Capitol Day is statewide.

Registration at: www.calbhbc.com.

**Additional Registration for Saturday training is required through CA Institute for BH Solutions (CIBHS). CIBHS also pays travel.*

TOP ISSUES / SOLUTIONS

See “Issue Briefs” at www.calbhbc.com

Housing is the #1 issue reported by MH/BH boards & commissions.

Employment—Individual Placement and Support (IPS) is a successful practice, facilitating sustained employment for adults with mental illness.

Disaster Preparation/Recovery—Learn what you should ask local staff to ensure MH/BH is provided during disaster.

ANNUAL REPORTS

Boards should submit an annual report to the governing body on the needs and performance of the county’s mental health system. [5604.2\(a\)5](#) Please email your annual reports to share! info@calbhbc.com View annual reports: www.calbhbc.com/reports.html.

Resources [\(link to website\)](#)

- [Best Practices Handbook:
for Mental/Behavioral Health Boards &
Commissions](#)
- [Brown Act \(Open Meeting Rules\)](#)
- [Data Notebooks](#)
- [Mental Health Services Act *Plans/Innovations*
Templates/Sample Docs](#)
- [Bylaws, Recruitment, Site Visit and more!](#)
- [Training \(Online and Handbooks\)](#)
- And More!* www.calbhbc.com/resources.html

Duties of Boards & Commissions

The local mental health board shall : [\(WIC 5604.2\(a\)\)](#)

1. Review and evaluate the community's mental health needs, services, facilities, and special problems.
2. Review any county agreements entered into pursuant to [Section 5650](#).
3. Advise the governing body and the local mental health director as to any aspect of the local mental health program.
4. Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
5. Submit an [annual report](#) to the governing body on the needs and performance of the county's mental health system.
6. Review and make recommendations on applicants for the appointment of a local director of mental health services. The board shall be included in the selection process prior to the vote of the governing body.
7. Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Planning Council. ([Data Notebooks](#))
8. Nothing in this part shall be construed to limit the ability of the governing body to transfer additional duties or authority to a mental health board.

[5604.2\(b\)](#): ...shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community.

[5848](#): ...conducts a public hearing on the county's MHSA Three Year Program and Expenditure Plan and Annual Update.

Mental Health Services Act (MHSA) Summary

The Mental Health Services Act of 2004, passed by the voters as "Proposition 63," increased overall State funding for the community mental health system by imposing a 1% income tax on California residents with more than \$1 million per year in income. The stated intention of the proposition was to "transform" local mental health service delivery systems from a "fail first" model to one promoting intervention, treatment and recovery from mental illness. A key strategy in the act was the prioritization of prevention and early intervention services to reduce the long-term adverse impacts of untreated, serious mental illness on individuals, families and state and local budgets.

According to WIC 5813.5, MHSA Planning for services shall be consistent with the philosophy, principles, and practices of the Recovery Vision for mental health consumers:

1. To promote concepts key to the recovery for individuals who have mental illness: hope, personal empowerment, respect, social connections, self-responsibility, and self-determination.
2. To promote consumer-operated services as a way to support recovery.
3. To reflect the cultural, ethnic, and racial diversity of mental health consumers.
4. To plan for each consumer's individual needs.

The Six Components: The funds are divided into six components. County mental health agencies are required to develop detailed plans for the use of MHSA funds in each of these components, then submit those plans to the Mental Health Services Oversight and Accountability Commission (MHSOAC) or State for approval. The following are the components:

1. Community Program Planning (CPP)
2. Community Services and Supports (CSS)
3. Prevention and Early Intervention (PEI)
4. Innovation (INN)
5. Capital Facilities & Technology Needs (CFTN)
6. Workforce Education and Training (WET)

More Info:

Role of the Mental Health Board w/[On-Line Training](#)

MHSA Component Descriptions
and

MHSA Fiscal Information

On-line: www.calbhbc.com/mhsa-plans--updates.html